

# Chapter 1

## Eel: Helping You Make the Unconscious Conscious

February 4, 2006

**G**reetings! I am the elder of the beings you know as eels.

*Greetings.*

### **Like Planets Feel a Kindred Spirit**

Our point of origin, as you like to think of it, is a distant planet, not part of your solar system, not part of your galaxy either, but initially associated with some aspects of your planet. Do you know that certain characteristics of planets are considered identifiers, meaning that if you see a planet in your travels someday (when you are moving about as a human species in space or elsewhere), you may become aware of planets that are, say, desert planets, and you will because of science classify them. But planets themselves feel a kindred spirit. A desert planet, if it has been that all along—not if some beings had caused it to become a desert, but if it had always been a desert planet—will feel a kindred spirit with any other desert planet anywhere.

So it is the same for planets that have an abundance of water—not just occasional water here and there, or rarified water, meaning water in some unusual form. By “unusual,” I’m referring to perhaps, oh . . .

#### ***Heavy water or something?***

Yes, not what you’d consider to be actual drinkable water, or even something that could be purified into drinkable water, but a planet that has a preponderance of water. Therefore, all other planets that exist in this universe, if they have a preponderance of water or a significant amount,

will feel a kindred spirit with Earth. And therefore, when the call went out by Creator for volunteers to populate Earth in order to present as much variety as possible on Earth, our species volunteered.

As it is with most volunteers other than human beings on Earth, the volunteering takes place for a set amount of experience, but I'm going to use your terms: a set amount of time. Time, though, would not be measured strictly by your calendar time; it would be measured by a certain evolution—not a scientific evolution, but a certain evolution in consciousness in the human beings. This is not in thought, meaning simple thoughts as compared to complex thoughts, but in a concordance or a greater concordance with your total being.

### **Welcoming Beings Who Are No Longer Here**

You see, someday you will all have greater skills, and we have been informed that that day is nearly upon us. And since you are waking up to these skills in which . . . once instructed, you will be able to not only activate more of them within yourselves, but you will be able to create. Then such creations will take a form that at times might be a bit frightening until you learn how to use it. Most likely initially, in various countries or in groups or even in what you now call businesses, there will be individuals who will be trained and who will on their own, since it is new to you in your times, train themselves to not only commune with different life forms but to learn how to invite them, welcome them.

Almost all life forms other than human beings are absolutely clear when they are welcome and just as clear when they are not. Human beings are trained (not in all your societies, but in many of them) to ignore any feeling that is not clearly understood. But gradually the consciousness is evolving in your more aware societies—and by “societies,” I am not referring to countries, races, nationalities, anything like that, but rather to individuals who, regardless of their geographic location on Earth, are interested in the same things. Gradually their position is evolving into recognizing that feelings have a profound capacity.

Of course, it is known in some circles that feelings do have this capacity, but there is great fear about it because it is something that is not controllable by science in the traditional methods science might use to control it—or the intellect or, for that matter, the will. So it is a fertile area, as yet really undeveloped by the majority of the population, but it is being developed and explored by some on your planet now. This kind of thing will continue.

The reason I bring this up is that since all types of beings on your planet, other than humans, are here for only a fixed amount of experience, then many of them have either decided to go into a dormant state or they have decided to migrate or allow the natural course of migration—birth, death, you understand?—to take place and to simply no longer manifest here on Earth. But even if they have been on Earth at any time and are no

longer present in any living form, they would have left not just some element of themselves, as in fossils or something, but they would have left some element . . . not exactly a spirit, but more like an availability.

The reason this is done is that it is known that as human beings come into greater capacities and learn how to use them, you will be able to welcome types of beings who have either lived here before or, for that matter, who may live somewhere else. This will not command a presence; it is not like your popular-entertainment magicians who seem to make a flower appear in thin air or seem to pull a creature out of a hat. This is something that human beings can perfect, not just by learning how to feel the feeling of welcome, but by learning how to make it a specific energy.

Sometime in the future, then, as more is understood about the beneficial properties of character, meaning personality . . . because personality itself has beneficial properties beyond the individual expressing his or her personality and great potentials to be even more beneficial. As more is understood about this field that is very slowly developing, then there will be the possibility to welcome certain forms of life who have been here and who are thought to have certain capabilities that might be therapeutic or at the very least interesting.

Then it will be possible to literally, through welcoming and through a means I will call, not manifesting, but rather a focused welcome to specific individual personalities of any group of beings—say in my case, a specific eel, but we are still on the Earth, so let's just say a specific saber-toothed tiger (not just any, but a specific one)—then it will be possible to create a welcome, not only for that being, but for that being to be in a specific place. By that time, though, you will not likely be welcoming any type of being who would have any predatory qualities; most likely you will know well enough to welcome a being who is more like, say, a flower or some bird, for instance, whom you might enjoy seeing.

### **When Large Groups Leave, It Often Has to Do with Soul Agreements**

I'm not trying to encourage you to do this; it will happen on its own. That's fine with me. But I'm trying to bring it to your attention that you have these capabilities. Even though for many years people have been trying to create precious metals and so on [chuckles], there is also a desire by many—and also a certain amount of grief by many—for certain animals (as you call beings) to return or to be here in greater numbers. In order to bring that about, though, it might be to your advantage to know what we are about, perhaps a little bit about where we are from.

But most important, of which I believe all the elders will speak, is why we are on Earth, especially considering that the most currently influential being on Earth—perhaps not the one who will last the longest here, but the most influential being on Earth—is the human being. By “influential,” I do not mean spiritually; I mean you have the greatest impact. This will

not always remain the same, your numbers. You will find ways, you see, to benignly reduce your population rather than the ways you've been using. However, there will for a time still be problematic reductions of population, such as what you might call catastrophes or a simultaneous evacuation from the planet by many souls at once.

I'm not necessarily attempting to justify this in any way, but in my experience, when large groups of any type of being leave any place at the same time in a different form—say a spirit form as compared to their physical form—there is usually some agreement here on the soul level. Therefore, although you might believe that the entrance into spirit is traumatic and that they might wander the Earth, this does not happen—especially when large groups go at once. It's not traumatic. Yes, the manner of dying may be, but once that occurs, then the spirits are quickly and most comfortably brought into their various places and traverse through various networks, let's call it, to get to where they need to go. I find it to be a wonderful system.

I have not myself lived a life on Earth, but I have observed many of my people come and go from this point of origin to Earth. When they return in spirit form, they usually return in the same way you return from spirit to form—that is, they have a birth or a re-creation of themselves in some form on our planet. But there is sometimes strictly a contact message. We can commune, of course, after death—which, I might add, you can do with human beings as well. I grant that some of you do it better than others, and this can be taught to a degree. Still, in my communing with my peoples, I have noted—and you might be surprised—that there is a great deal of generosity in the perception of human beings.

### **We Question the Overall Suffering on Earth**

My peoples do not expect you to be entirely focused or in balance—I believe you say “in harmony with all life.” We understand that your true natures are not fully manifested on Earth or in you individually. If they were manifested, you would be in harmony with all life, but then you would not be able to accomplish this unusual task you seem to have taken on.

I cannot say that I really fully grasp the larger concept as a benevolent thing of what you are taking on because there has been so much suffering, and yet it has been explained to us, to all beings who have manifestation or existence on Earth for a time. It has been explained why you are doing what you are doing. You have been trying to do it for a long time in your navigable time definitions. I suppose, given that, that it is worth trying to take it to its point of completion.

One of our visitors who come here—who used to come in physical form in a ship but who now come in spirit form and who are a cousin, a form of the Zeta Reticular beings—has explained it. One or two or three of them have come over time to talk to us about it; they have explained the purpose and the value of what you are doing on Earth. And while we see

that there may be some unknown value that will be manifested, we wonder about the overall destructiveness and suffering. Still, it is not our job, speaking for all of us on this planet, to question it, but we do wonder and we are hopeful. That is why we are still volunteering to be on your planet, so that the greater benevolent experience will take place. I grant that we have seen signs, so that is good.

### **You Will Gradually Discover Which Beings to Welcome**

***Can you say something about when your beings first got here?***

When my beings on your planet first arrived, there were relatively few beings in the seas, even in the inland seas. There were some, but relatively few, so I would have to say that we've been there a long time. This might be why certain fossilized remains have been identified that we would consider part of our family of expression. They go back quite a ways.

Human beings were not present. There were beings I would call something like human beings, but not exactly. Oh, our people would see them near land sometimes, or sometimes out in the water a short ways. But human beings as you know yourselves to be were not here yet when our people first arrived.

***So you have been here a long time. You were invited to come—was there a certain energy that you brought?***

We brought an energy that has to do with the means for all species to be aware of each other. It is not what you would call communication; it is not a spiritual connectedness. It is simply a heightened state, meaning moving from what you might call unconscious to conscious, heightening that—for all beings to be aware that other beings exist. This may seem to be fairly innocuous, but it is experienced largely by the human being, if you don't mind my focusing on that, in your dreams.

This is how it is possible as a child or even as an adult to dream where there are some things that look like animals, but those animals do not seem to make sense—meaning you would see an animal you clearly identify as a land-based animal but it is either flying or is in the sea swimming. This is because such a being has probably existed here on the planet in a different sequence of experience . . . pardon me, a different time. This is one of the things that has been affected.

There's a reason for these dreams and visions. Most of the time they are benevolent, meaning not frightening but startling perhaps—so that you say, “What was that?” when you wake up and kind of laugh. But the purpose as I understand it is that when you learn how to welcome certain beings, there will be some trial and error, as you say, but you will gradually discover which beings to welcome, because the nature of their radiated individual personalities will generally create a feeling that is palpable, that you notice as human beings that improves your overall disposition. These individual beings, who will be welcomed along the line of that personality simply for being who they are, will improve the

feelings and hence eventually the atmosphere and life as you know it of all beings on Earth.

Of course, at first you will notice that other human beings are cheered up, you might say, or enjoy a more benevolent life and lifestyle simply because these beings are present. I'd like to suggest that this is intended, that this form of discernment actually takes on its own purpose and sense of purpose, so that you are not just attempting to manifest, oh, say, dinosaurs because you're curious about them, even though they may be totally impractical. (I grant that some of them might have wonderful personalities, especially the plant eaters.) So after a while, you are welcoming and supporting the presence among you of beings, no matter how large or small they are—of course, small will be more practical—who are quite amazing. Their individual personalities cannot be stressed too much and are something that will cause people to feel wonderful.

You know that such a thing exists, because you have met human beings from time to time who simply by being who they are—not by doing a dance or entertaining you, but simply by their personality—cheer you up. It is the same with other beings. We are not all one, a faceless type of being, so to speak. Just like you, we have individuals.

### **Diversity Helps Balance the Planet**

***So let's talk about your planet: Do you all live in water on the planet you come from?***

We do not all live in water, though we do find that comfortable. Most of us live there, but there are a few who go up on the moist shores for a time. Often this is done for some spiritual reason. But occasionally there are the individuals who like to go up on the moist shores and just visit, to be there—perhaps to visit with other creatures. One makes friends, you know, and sometimes friends are unable to come to where you are, so you make the effort to meet them partway. They come part of the way, and you come part of the way. We have a few who have friends who are on the land, and they might make the effort.

***So you have diversity on your planet?***

Oh, yes.

***Many, many, many species?***

No, nothing like what you have, or what you've had in the past, for that matter, and/or what you will have in the future. But we have some diversity. If you need or want a planet to be able to express certain things that you may need from time to time, you might find it beneficial for some species to exist. Do you know there are species on your own planet who can, for example, invite the rain or who can even, for example, invite the sun? You want those species around when there is drought, of course, or you want them around when there is too much rain, flooding. Or when they are unavailable, you at least would like somebody you might call a

shaman to be able to be their energy or to be able to do something to alter those conditions, to improve human life. There is a great variety of that.

Generally speaking, I find that the easiest way to accomplish these forms of balance and harmony is to simply have beings who, by being their natural selves, emanate. They don't broadcast it intentionally, they are just being themselves, and so it naturally emanates. Their personality emanates a support for something that supports their being, yes, but it also supports greater harmony for all beings.

### **Beings Who Welcome the Rain and the Sun**

***Can you say what beings can welcome the rain?***

On your planet, this is the type of beings who are what you know as amphibians, meaning they can be in the water and they also can be on the land. One of these types—I will not say all, if you don't mind, but I will say one—that is most well-known for welcoming the rain are frogs.

Very often when a place is either coming into or is in the throes of drought, then if people are praying, if human beings as well as plants and animals are asking for more rain to support the variety of life, sometimes these species of beings in some form will come and make sounds that are prayers to invite the rain. And because of their capacity to be on land and water—even if they don't live in the water very much anymore, they still have the wisdom—they will sing for the rain. Many times rain comes on its own and can be welcomed. Some human beings have been taught how to welcome rain, and some of them still exist on your planet or are passing on these skills.

But these other species can do so because of the wisdom they have brought with them. Do you know that such beings often, when a planet might wish to be a water planet—and one finds this very often in desert planets, that they would like to experience water for a time, just to see what it's like—then one of the forms of spirit or physical forms who may be brought there . . . only if they volunteer, so that they are safe and not crying for help. You want them to be safe and happy and living well so that their natural prayers are not prayers of distress. And when they are making their prayers for water, the water comes.

Therefore, they are often found as ancient bones in stone—you say fossils. If you go back on your planet, you will find that many of the original beings on your planet were these kind of beings. This has led science, I believe, to come to the conclusion that somehow the human being in your origins is related to these beings who have the capacity to go from water to land. This is not so, but I understand why such a thought might be attractive.

***Can you give me an example of beings who can call the sun?***

There are certain birds who can do this. I will say that what you call ravens can do that.

## **We Wear Fantastic Colors on Our Planet**

***On your planet, do you look much like you do on ours?***

We look similar, but there is a considerable variation of colors. One sees what you might call fantastic colors—not just individual colors, but multiple colors. We find that attractive. There is also some form of beings where you might see something that you would classify as antennae, but they are not performing that function. However, they do have a spiritual- and physical-creation function. There are some who have a form of muscle tissue on the bottom of their bodies that would remind scientists of something that snakes do. This is not typical, but as I said, there are some who like to move up on the shore and still be able to move back into the sea, to visit friends on the shore. And so you find that, but that's not typical.

***Why aren't you showing your beautiful colors on this planet?***

Because everyone on this planet must appear in certain ways. There are occasional findings of beings, of my people, who are not simply the colors that are understood. And certainly in the past, there were quite a few who wore these colors. But they are known. Even in your natural history museums, I believe some of this is known, but it might take some research for you to find it. The knowledge is not typically found, but there are photographs in your time that still exist. Some exist in private collections, I believe. There are also drawings. Some of these drawings and even references in paintings are considered to be fantasy, but they are real.

***They're real. Wonderful! I know there are beings called electric eels on Earth. Do you have different types like that on your planet?***

We do not have something that I refer to as “electric.” This is something that is unusual, unique to your planet, and it's basically an attempt to see how much variety can be produced. So we do not have that there, no. I understand that your planet is reflective of your Creator's desire for some one place where the greatest variety can be produced. This is because it is believed by Creator—and this I understand well—that those who can communicate with us or at least pass on our communications will be more likely to do so if prompted either by a memory of our existence or by an awareness of our existence.

### **As an Elder, I Have a Certain Amount of Knowledge**

***So you're one of the species on the planet that is aware of our whole history? You've been here before humans, right?***

No, we do not . . . how can we say?

***You focus on your lives, not on ours. [Laughs.]***

[Laughs.] Yes, that's right. Certainly the individuals on Earth would probably not have this knowledge, but as an elder, I have a certain amount of knowledge—not only because we've had visits from other beings from



other planets to discuss these things, but also because there has been an overall group experience, some of which I am able to study and some of which I am also able to assimilate. But in communicating with beings unlike ourselves, such as yourself, I am able to acquire some knowledge as needed, but not all.

This is why you will find, as you talk to other elders, that each one often has pieces of the puzzle that may directly reflect on human beings, but sometimes they won't talk about human beings at all. Still, you will be able to extrapolate from what they say what may or may not be associated with your own kind.

***What about your life span? How long have you lived, in reference to our time?***

You have to recognize that as elders, since you are asking to speak with elders, that the existence of my personality—not unlike your own—is immortal, meaning that whatever form I am in, my personality is very much the same with a certain amount of seasoning from different added perspectives (you would say experience). So I'd say that my awareness of my personality goes back before Earth was a planet.

***Are you embodied at the moment?***

No. Some of the elders you will hear from will be embodied and some will not.

### **Many Will No Longer Make a Long-Term Commitment to Live in Your Seas**

***Do the eels on your planet have about the same life span as on Earth, or is it shorter there?***

No, much longer, because there are no predators on the planet, and beings do not consume each other. So, of course, there is a much greater life span available. Also, since we know how many of us can exist comfortably and compatibly in any given space with everybody else who exists, we have only so many of us on the planet at any given time. To answer your question . . . I have to interpret this into your years, don't I? This will take a moment. [Pause.] In terms of your years, I suppose an individual might exist in that form, before transitioning into another form or transitioning into their specific personality in spirit form, I'd say nine hundred years on our planet.

***Roughly how many of your species are embodied on your planet?***

I'd say roughly about three hundred. On your planet, there are many. But on your planet, creatures have different lives, a different life; beings consume each other. So if you had three hundred, they wouldn't last long, eh?

***So do souls from your home planet reincarnate here, or do they call in different souls?***

There is no calling; it's strictly on a volunteer basis. Sometimes there are many who wish to come, and then they will come on the basis of whenever they would like to go. And after those who come back relate

their stories, if they can, or perhaps in time relate their stories, then sometimes beings do not go. Of course, many of our species are raised now in places that are meant for human consumption—not exactly a farm, but something like that. The spirits who occupy those beings know they are going just for a fleeting time. Therefore, there are a certain amount of beings who will do that if it's a very fixed, short amount of time, but they will not make a commitment to live in the sea for a long, long time on your planet these days.

***Is the pollution in the sea a factor?***

Yes, that is a great factor. It not only makes life more difficult, but it alters the personalities of many of the beings who live in the sea—not just because life is more difficult, but it can literally alter their physical bodies and cause them to suffer. And as you know with your own kind, sometimes beings who are suffering behave in ways that are not native to their actual personality.

***That is so terrible. So would you say that not counting the farmed eels, there are less beings in the sea from your planet now than there were probably a few hundred years ago?***

Oh, yes. Many, many less.

***Many less. And is your fixed time to be here about to expire?***

It will probably come close to that—meaning our numbers will greatly diminish in the wild, as you say. But it will not come close in the near future in terms of the farms, because a personality can make a very brief commitment to be in a physical body in a situation like a farm. That brief commitment can be more comfortable for some personalities who would prefer to manifest on such a distant place from home for only a short amount of experience.

I might add that one of the attractions of living such a short amount of time is the very strange and unusual experience of living amongst so many of one's own kind. You'll find in that kind of farm situation many, many more of the individuals in one small space than you would ever find in the wild. Generally, out in the sea on your planet, we don't congregate in those large numbers in one space. And there are some of our beings who—and I would say that this is probably the greatest attraction—find that congregating in great numbers for a short time is such a unique experience, it is almost attractive. It's not quite, because there are other aspects of mistreatment there, but the idea of having so many in one place is almost unknown, except in such a circumstance.

**Any Personality Can Be Any Form at Any Time**

***How do so few . . . do your souls split to come here?***

No, no. Just because there are only three hundred or so on our planet does not mean that there are not numerous beings who have been . . . oh, I see! You think that if someone has . . . I see! You know, any personality can

be any form at any time. There is an assumption on your planet that if you are a human being, you will always be a human being, but you could be a human being in one life and be a tree in another life. I know this may not be popular, but it is my experience. So the personality may not have been from our planet at all but had a desire to experience some form of manifestation as one of us. And once you've manifested—been created in some way even temporarily as one of us—it will always be in your makeup.

There's something along those lines that you might find interesting, and that's that there are amongst your kind many who find a certain attraction to other forms of life on your planet, especially an attraction for which there is no apparent understanding—meaning that cultural influences do not contribute to this liking, as in the case of, say, liking dogs or cats, where cultural influences may be (but are not always) the contributing factor that is most prominent. Yet you will find that there are amongst you certain types, certain individuals—having not been discouraged from contact in this way—who simply have experienced for a time in one's multiple existences over ongoing life . . . who have been in that species and perhaps enjoyed being in that species and enjoyed their culture.

Think of your own experience and think of other beings you have known or heard of who seem to have an affinity for some completely different form of life. That will almost always be, according to my experience and understanding, because they have been that form of life, though perhaps not on Earth.

***Oh! So someone who has a pet cheetah or a snake or a monkey or something like that . . . ?***

I'm not saying that they would.

***Not always, no, but . . .***

But they might have an affinity. You will find from time to time—and many a human parent has noticed this—that your child might seem to be completely at ease with, say, spiders, whereas many adults are frightened of spiders due to cultural influences and sometimes, of course, due to safety—since some spiders are disinclined toward human contact, which they may express in some way that might be unpleasant to a human being. But the vast majority of spiders—according to my limited, I grant, knowledge—are quite benign to human beings.

## **We Are Helping You Access Parts of Your Immortal Personalities**

***So when you first came, you brought this energy that helped the unconscious contact the conscious mind—if I understood that right. Is your energy here still emanating that and doing that?***

Yes.

***So you're especially important to us now as we seek to make the unconscious conscious.***

Yes, but not just the unconscious. The portions of you that are omnipresent in your personalities immortal—meaning that which is beyond your

Earth life and could substantially contribute a more pleasant lifestyle to you on Earth as you learn how to apply these capabilities.

**Ah! So it's much beyond conscious and unconscious; it's between what we've got now and what we are in total!**

Yes.

**Do you see us cleaning up the ocean while you're still here?**

That is very problematic. I do not know. I would say that it is possible that our species may go dormant in the open oceans for a time until that happens. Many other species who are native to the sea and lakes and rivers will either go dormant or leave. This is most likely. There will be more farming, but less and less in the wild.

**How can we interact with eels to ask for this increased connection with our immortal personality?**

There is no need to ask; it just happens. Speaking for my people, we will be on your planet as long as we are able to, under the conditions. I might add that those who exist in the farms are unable to accomplish this task. Only the ones in the wild are able to do that, because they have more of their natural personalities and because they have been often—not always, but often—more engaged in our species than one finds in farms.

**So they do not communicate with you by some form of communion when they are here? Only when their spirit comes back to your planet?**

Well, they can, but it is not typical.

**How do they communicate?**

The same way all may communicate, much to my awareness, and that is simply a personality-to-personality connection.

**When your beings go dormant on this planet, will we notice a difference in being able to access those parts of our immortal personality that they helped us access?**

Yes, but I feel that by that time, the awareness will be sufficiently started that it will move under its own energy.

## **Being Away from Your Total Personalities Is Difficult**

**What an exciting thing! I mean, who on this planet knew that eels do that? That is so mind-blowing! We could make headlines of it!**

Yes. In a different planetary culture, one might find that to be much more widely disseminated, but your peoples are still struggling with your own personalities, much less with the personalities of others. But we understand this. We do not expect, given the extremely narrow range of your capability to actively engage with your total personality, any being to be able to function like that indefinitely.

From our perspective, this is why you as individual personalities—and you can see that our peoples do consider individual personalities very important—why human beings on your planet live a short time. This is not only because of hazards, but also because being away from your own

personality for such a time is difficult. Different personalities—human personalities, personalities defining themselves as human in some life—can live only for so long being separated from that. It depends from one personality to another. That's why some, given a reasonably-safe environment, live longer than others, because they can live longer for various reasons away from their total personality, and some cannot do that very long at all.

***That's a new insight into why people live to certain ages and why some leave the planet so early!***

### **Every Being Should Try Life as Something Different**

***Do you have memories of being incarnated in many different forms across the universe?***

I remember being a tree once. This was profoundly enlightening, because with my species, the idea of motion is so native. But, you see, with a tree, the motion happens on the inside. I became much more conscious of moisture passing through me on the inside than I was ever conscious of such moisture passing through me when I was one of my own kind.

I feel that it is a profoundly important and truly startling and necessary experience for any immortal personality to try a life as some completely different kind of being. It can make for a much broader acceptance and also can greatly stimulate one's personal curiosity and therefore not only the welcoming of interspecies life experience but the welcoming of a vaster awareness and wisdom. I recommend it. On that note, I will say, good experience.

***Thank you so much for sharing yourself with us. Thank you.***



