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Andastinn, Prototype of Insect Beings

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I am an elder of the race of beings living on the planet Destinteh (des'tin-tay). My name is Andastinn (an-das'tin). Our species are the prototype, the original beings of many of what you would call the insect beings. In our philosophy and intelligence we could most identify with those creatures on your planet that you call ants. While our sense of teamwork is perhaps not as obvious as theirs, we are not as small. [Chuckles.] (Don't try and step on *us*—you would be surprised!)

We are uprights like you. We do not have many legs like the many-legged creatures that we approve of on your planet. We have, like you, two appendages in the upper part of our body and two in the lower. We can walk on all fours [chuckles] or stand upright. We exist primarily at this time to provide philosophical encouragement for beings such as ants.

Many Earth species Leaving

Many of the creatures that you have taken for granted (they were here when you got here and they'll be here when you leave, is how you feel) are returning to their original planets. Some will do so as if by magic; others will suddenly die for no reason. Your scientists will come up with a reason, but there will be many of them that suddenly *pouf!*—go into spirit. So we con-

sult with them, we support them, we provide them with the philosophical nurturing they need to reorient themselves to being respected beings.

On your planet they are like “unidentified walking objects.” [Chuckles.] It is so ironic, is it not? Many of you wait for the ETs to come, yet they’re all around you! So we help them make their spiritual changes. We even send emissaries to tell them, “This is how it might be.”

The Ant Beings

Down below the ground many ants gather. When they know they are alone they act differently. [Chuckles.] When children know they are alone they too act differently, don’t they? (So do adults, I might add.) When they are gathered in one of their large rooms, like a meeting hall, one of us will project there as a white-light version of one of them. It is always essential for the teacher to appear to be one of your own kind, as some of your mystical teachers have done; they are recognized as being like you but different. When we appear in white light as one of them, we communicate telepathically with feelings and with visions we give them, images to remind them of who they are.

They have been living here for so long that they have come to think they have been forgotten. They have ancient stories that tell them they came from somewhere, but until we started coming to visit them recently, they forgot where. They have been here for so long that generations have been lost due to trauma (which might have been a flood, a volcano, an earthquake or, in more modern times, construction projects); whole lineages were lost forever that way, along with their stories and philosophy. We must bring it back to them.

We remind them of their lineage, where they are from. Because they are very ceremonial in their nature, they do things because it is how they’ve always been done. In that sense they are traditionalists. [Laughs.] We remind them why they do what they do, what it has to do with their home planet and when they can go home. We have been doing this lately with ants, with honeybees, with wasps and with (you’ll be happy to hear this) the fleas!

Many of these beings look very different in their form at home. Here they must be very small so that they can go about their business relatively unnoticed by human beings and thus be protected. Because they’re small they can go underground and usually be safe. On their home planet they are proportionately much bigger. And because they are safe there, they don’t have

to hide or go underground. Some of them live in very large underground cavelike structures simply because it is traditional, but also because it preserves the surface of the planet for future generations and does not destroy it. They find underground caves or dig a little bit where they feel welcome.

I speak to you about these beings tonight because they offer so much to you by example, and there have been those among long-lived peoples on this planet who have studied them and imitated them in ways that are known to travelers' mythology and somewhat even to anthropologists, so this is not a complete surprise to all of you.

So I say greetings to you tonight. I come by invitation of the Progenitor of Zoosh because he says you are now ready to hear this. Progenitor of Zoosh—he-she-it—you figure that out. Do you have questions?

Is your planet in the Milky Way system?

If you could draw a 45-degree angle to the Moon and then bounce off it like a ball at a 60-degree angle for about 400 million light-years, you would come to our planet. We are not likely in the near future to be seeing you, in terms of your visiting us [chuckles], but it is certainly possible, if we are called upon, that in your visions or dreams you might see one of our white-light beings talking to some of the creatures on Earth who are really extraterrestrials.

Komodo Dragons and Crocodiles

Sometimes we might be seen as one of these big Komodo dragon lizards. We know those beings because they are very misunderstood, and we're planning to talk to them even though they're not insects. We have a little flexibility.

We might also talk to crocodiles, because we've been asked to. It seems that the reptilian beings are having some difficulty communicating to their cousins here. I think there is some kind of radiated energy coming from your planet. Perhaps it's in the form of fear of reptilian beings, which has been fostered and encouraged yet is based on nothing associated with the beings themselves. Of course, as they manifest on your planet they are not all pleasant to human beings, but some of them are harmless, you know. (You know what they say: If there's a big animal you're afraid of, walk the other way.) So we've been requested to do some extra projects that are not exactly in our line.

Was it the Tenth Planet beings who are having problems connecting with the crocodiles?

No, we were not asked by people from here [this solar sys-

tem]. We were asked by other beings who sometimes travel to see us; they are more of what I call a kind of loose-knit network of philosophers. When encouragement is needed, when one needs to know about one's lineage, whether it be a personal lineage (a family) or a species lineage, often we are called upon because this is what we do. If we are needed to speak to some type of being that we can stretch to speak to, such as this large lizard, we will try. If we can do it, we will. We would probably not be able to stretch to speak to a rock or a tree, and it would not be necessary for us to communicate to human beings because you have beings who can do that. However, we experimented with it, and after we discovered we could do this, we arrived in the diamond portal. (I mention the diamond portal because it is always associated with spirit beings; I believe some of your people know about this.)

Where is it?

There isn't just one. The diamond portal is flexible. It is usually utilized only by beings of reasonably evolved consciousness.

Can you tell us about both your consciousness and the social life of your planet—some things that might interest us?

How We Live and Travel

Well, it is in our nature to have an experience not unlike your inspiration. It is not what I'd call a universal mind, as discussed theoretically by some individuals, but more as an access to inspiration. If we need inspiration (especially if we have to stretch to communicate with some species of being not directly associated with us), we can ask for inspiration and receive it right away, immediately [snaps fingers]. (We don't actually have fingers—this is new to me, the experience of fingers.) Our people have the ability to work together to call for inspiration.

Now, this might interest you: Sometimes, if inspiration is needed and it comes through but is not enough (maybe the project is very big or requires a significant commitment on our part), we will gather at least ten of our beings together to form a circle, touching each other with our upper appendages (I think you do this sometimes). We will create a tone. Now, it's not exactly a tone that you would associate with a musical note, but I will try to reproduce it. One moment. [Makes long vibrating tone.]

It is an effect not dissimilar to musical instruments that use reedlike devices, so it is a vibrating sound. This sound helps us totally unite, so when we ask for inspiration as a larger group, it comes more powerfully to all members of the group, who receive it at the same time but in their own way (see, we are indi-

viduals). After this meditation or even a prayer (because we are certainly asking for something), we relax and speak to each other of what we had received, then we compare. Sometimes we receive pictures, sometimes thoughts, other times feelings and other times the sensation of a substance. We compare and put all this together at the end to give us a better picture of what we can and might do, you understand.

We do not have families as you do. We have incarnations not so terribly often. I realize that your population does not have a fixed number; it grows and expands, then shrinks for various reasons and grows again. Our population for our whole planet (we have other beings on the planet, but not that many) is probably no more than 50,000. I believe this might be because we need to have a relatively uncomplicated existence so we can serve the sometimes complex needs of others. Having a complex civilization would perhaps create a distraction.

You go all over the universe, not just to the Earth?

Oh, yes. When we are called upon to go to other universes, we travel there in light; it is the simplest, fastest and most comfortable way. We have not been called often, but several times. If great numbers of us are called, sometimes we travel in something that would look like a compressed light wave. (I think a few of you have even seen pictures like this.) Occasionally we pass through here in one of our compressed light waves. As an individual traveling, we might be seen as a small dot of light. But with many of us it would be like a line, and perhaps the line would be like white light. Sometimes it would be almost squared off at the corners; other times it might be sort of rounded.

This is not light in the speed that we know it, I understand, because you would not take 400 million years to travel to here . . .

No, no, no . . .

So can you explain what light you're speaking about?

This would be something that is seen as light if you were sensitive and could see us. If you had an instrument that could pick us up, it would register as white light, but it is more akin to an instantaneous capacity. And we travel—it's hard to put this in your words now.

Do you fold space-time?

That's time travel; our travel is a little different from time travel. Even time travel is slow compared to this. We never simply go out and travel; we're always asked. And when we are asked to go somewhere, we are given descriptions of the beings and the planet so we can prepare. We focus on that. Because we know

where it is and who we're going to help, we travel instantaneously, in significantly less time than it would take to travel in time. If we traveled in time to one of our normal destinations (anywhere from 100 to 800 million light-years distant), say 700 million light-years away, it might take us (by your calculation of time and by our older method of time travel) 7.5 seconds to get there.

The principle of attraction is the best way I can describe it in your understanding: It takes us about 1/10,000th of a second to get there. The advantage of this quicker travel is that there is less dispersion of our energy along the way. The longer you maintain the state of traveling in time, a certain consumption of energy is required. Using this other means, there is no consumption of energy whatsoever that we have been able to measure.

What kind of history do you have? How far back do you remember? What is your lineage? Where did you come from? What other earlier life forms have you inhabited in spirit? Can you tell us some of the things that would interest us?

Me personally?

You personally and your people.

Our History and Yours

I would have to go back to before where I am now. I believe that in your universe I have always been what I am now. I didn't mention it before, but we are basically immortal.

You existed when this creation was created?

We were created with this creation. Often beings who might have a role like ours would be needed immediately, so Creator said, "I need help."

So you've been conscious since the beginning.

Yes. Before that we were elsewhere as a species. It's hard to measure it in time, is it not? But I would have to say that for three generations before our service in this universe, we were in a universe that is beyond this one (I believe it is about two expansions beyond this one), and we lived, I believe, about three generations (I'm calling it generations, but as immortal beings we're not reproducing) and in a service role similar to that of teachers who appear as light but teach what those who are in service need to know. Before that I believe I was a portion of a creator, so there's no point in going before that.

You have watched as this entire creation unfolded?

Oh yes.

Earth's Arcturan Soul

Can you tell us from your perspective what the role of this planet is?

As near as I can tell, my understanding is that this planet is designed to stimulate change. As discussed by others, this planet was borrowed from the galaxy Sirius. This planet's purpose is to stimulate change in all those who incarnate here, but when you go out beyond the boundaries of your planet into your travels in your universe, you are intended to stimulate change there also.

One might ask, "Is that not similar to what happens on Arcturus?" And I would reply, "Oh yes, very similar." That is because the light existed within the Arcturus system before this planet existed. When this planet was evolving, creating itself on Sirius, it was asking for a higher purpose than simply its own life cycle and being a host for others. So it was granted an Arcturan soul. Thus all that occurs here is affected by Sirius (because it is obviously a Sirius planet, a water being, even though it is in your system, having water, ice and so on) and also by Arcturus. Change is a function of your life because the very soul of this planet is Arcturan in nature. Our perception of you is that change is what you are and what you bring to others. It is an opportunity, you know, that you offer to others. They are not required to partake in this opportunity, but it is available to them, is it not?

Our Enjoyment and Our Service

What is your greatest enjoyment?

Ah, thank you. I believe our greatest pleasure comes when we are speaking with various races (such as those I have mentioned on your planet and others, speaking to a great assemblage or a single individual) and there comes that moment of recognition when an individual we are communicating with suddenly realizes who they are and why they do what they do, and that their ways of being are not random acts of necessary survival but a sacred and holy dance from the source of their true selves. When that moment of enlightenment happens for them, oh, that is a wonderful thing for us! That is truly fulfillment. We see beings who are lost and confused suddenly become aware of who they are, and they are never the same again. They are happy with who they are; they feel good about themselves. As you might say, it improves their self-image and they grow. It's not unlike a child of your own being praised for something it knew it had done well and felt good about by people it felt good about, in that way learning who it and its people are. That kind of feeling—it is wondrous!

On this planet you're bringing the lineages of who they are to these

beings, but on other planets, beings haven't forgotten. Why do you go to other systems and planets? What calls you to them?

When we go to other planets where everybody knows who they are, it is oftentimes to prepare the beings on those planets to go through some major change. Perhaps the planet is falling apart; if everyone can move and be evacuated, we are not called in. But if something sudden is happening—perhaps they are caught in a storm of particles—many spirit beings including ourselves will go there and guide them to their next level. Sometimes (this will interest you more) these beings might be going en masse to some other place, such as here on this planet at a time of tremendous change, and we help them. We prepare them for this change and we will put deep into their consciousness the memory of who they are that will come out in their lifetimes—in their dreams and in their visions, if they are a sacred people—and they will accept this happily. If they are simply imaginative, they will enjoy it.

So sometimes we are called upon to go to places where the people are evolved, yes, but where major change is happening. Occasionally we will be called upon to go see a specific individual who might be called to a higher spiritual purpose in which he will serve a wide variety of potentials. We will go and speak with him. We take whatever form is pleasing to beings and speak of all we know that interests them. We will not just talk to them about whatever we know, but we will prepare them.

Our Appearance

Are you on a dimensional level, or are you in a life form?

Oh, I suppose you could say both. If I had to state a dimension, it would be perhaps eleven.

So you don't have what we would call physical bodies?

We feel as if we have physical bodies, but if you could see us you would perceive us as having lightbodies. Yet we can, like you, touch ourselves, although we also have the capacity to reach inside ourselves if that should be necessary (which, I might add, never has been for me).

If you were to look in a mirror, what would you see? How tall, how . . .

I understand; you want some description. If I were looking in a mirror and using your measurements, and if I were standing on my appendages upright as you do, I would be perhaps seven-and-a-half feet tall. I would have a body that in my native form has sort of a large head that comes to a narrow point here. I have like a shell around me—I think you have beings like that here on this planet—and the rest of me is on the inside.

[Laughs.] Where else? We have something that is very much like a tail, but if upright would not reach to the ground. It's hard to describe.

You don't have opposable digits. You don't really use your hands.

No, because we do not need to build or re-create things in order to survive. We do not need to cut down trees to build houses.

You just manifest them?

Yes. I might add that we do not eat and we have no waste matter. When one does not eat and has no waste matter and does not have to fear the environment, one can leave the environment rather as it is, you know.

Leisure Activity: Accessing New Knowledge

When you're not being called to help, what is your normal life situation?

Oh, we've always been called to help, but do you mean when for some reason I as an individual or another one of my people isn't involved in some project? We examine other universes. We might recline, as you would, and ask to see and feel places we have not been that would be appropriate and useful for us to know about. We might not have been called there, but perhaps someday we would. This can be added to the body knowledge. For instance, if we are called there, then whoever has meditated on this wisdom will immediately provide it to the body knowledge.

If one of you knows it, then everybody knows it?

No, no, it's not like that, because we do not choose to distract others if they are working on something. It is more that if one of us knows it, then any others who need to know it would essentially access the individual who knows it through a particular tone or harmonic that would suddenly stimulate that memory within us.

When the memory comes up for no reason, we know that someone is accessing it. Then we just experience what we experienced before. The more we experience it—visualize it, see it, smell it, taste it, whatever—the easier and quicker and more efficient we make it for whoever is calling up those knowledges and wisdoms within us. So we cooperate until it feels that there is no further call, and in that way it is added to the body knowledge. Perhaps four or five individuals are needed at the same time—or one. But it is still referred to as the body knowledge, because it is available at any time for anyone.

It is not that if one knows it, they all know it. I know the beings you're talking about there [Zetas], but we do not function that

way. When beings function in that way they usually have a very slowly evolving mental consciousness.

Is yours evolving, or is it always existent? Do you look forward to some change as consciousness expands now?

No, I understand you. People look forward to a change if they are not satisfied with their present. But you can find people amongst your own races of beings here who are so happy in what they are doing that the idea of a change is not something they would look forward to at all. So we are happy in what we are doing, and we have always been fulfilled in this work. We do not feel desirous of going on to some unknown when we are happy in what we are doing here. If that should happen, then we will go.

But you don't see it as part of your process?

No, no, no. What we are doing is our function.

What Brings Teachers and Assistants to Earth

About your coming here: Did each one of the species ask, or was there some intermediary who asked on behalf of all the species here?

That's a good question. Most times there is an intermediary. When people (human beings, for example) ask for something, they often don't know who to ask. You know, they might pray or entreat or even look up to the stars and beg for assistance or even say, "I must know something and I do not know how to know this; please let me know this," or use many other ways.

When this happens, usually an intermediary (perhaps someone who's being prayed to, perhaps a cosmic teacher of this individual or even a whole group of individuals) will put out the call. Unlike picking up a phone and calling somebody else, they put out the call energetically, and it expands to all reaches of the universe at an increasing rate. It goes out slowly, then faster and faster and faster until it comes to those who can serve this need. We will go if we are the ones who can serve this need and if there are apparently no other individuals who will be answering the call. Sometimes there might be more than one group of individuals who answers it; in that case the cosmic teacher will request: "You, not you" or "You, then you," something like that, do you understand? A prior progression of some sort. Or it might be, "All of you at once, please." Then we will go.

In the case of Earth, can you tell us who asked you as an intermediary to come and assist here with different species?

Oh, you mean as we're doing now. I see. This was Enjenofjitzeket-zen. This is an angelic being who looks after beings who are basically unknown for their best qualities by

human beings. The angelics take a great interest in your evolution, your coming of age, and they know that all beings are here not only for their own purposes, but also to enlighten you. When you have not yet been enlightened by beings (bees, wasps, ants, whatever), then this particular angelic being will call us because they want to increase the strength of these beings. They want to increase their endurance so that they will remain here on this planet and that someday you might have the inspiration of who they are and what they have to offer, even creating a myth around them. And some myths have been created, much to the benefit and honoring of them. So this was an angelic.

Is there anything else the readers would be interested in knowing about you or your group?

Perhaps the most important thing for you to know is how meaningful what you are doing on this planet of yours is for the rest of the universe. I know it is very difficult sometimes—some of you live in really challenging circumstances—to remain alive. You just want to say, “I want it to be over with.” Please know that however long your lives last, you are loved and cherished by all beings that I know of, and your service here as a human being on this planet will not go unnoticed. Everything you do here will be considered when you leave, not only for your own personal growth but for the evolution of the species as a whole.

This is a wonderful project that is happening here, and it is a worthy project of your souls. I know it is very challenging to be in these bodies that are not always very comfortable and sometimes seem restrictive. Perhaps the hardest part is having to forget who you are in your more immortal souls. So we salute you for making that sacrifice and assure you that you are appreciated. For now I will say, “Good life.”